

12 Days Fields in Shadow of High Mountains (Season 2016)

Itinerary

DAY 1 BISHKEK

Meeting in the airport 6.55pm and transfer to hotel. Overnight in hotel.

DAY 2 BISHKEK – KYZYL-OI (250 km) Meals: B, L and D

Visit Osh bazaar. Bazaar in Kyrgyzstan is a famous place among local people to sell and buy food products. Local farmers come to the bazaar early in the morning to sell products produced on farms. Bazaars are more colorful in the morning.

PM. Transfer to Kokomeren Gorge. The road goes via mountains of Kyrgyz range. You will cross the pass Too-Ashuu (3586 m). Local nomads stay on the mountain pasture Suusamyr during whole summer. Visit some nomads in yurts on the way. Accommodation and dinner in CBT family in Kyzyl-Oi in Kokomeren gorge

DAY 3 KYZYL-OI – KYZART (start of the trek) – KILEMCHE VALLEY (100 km) Meals: B, L and D

Breakfast. Transfer to Kyzart village. Meeting with the team and start the trekking from Kyzyl-Kiyajailoo, an enormous flat sea of grass. Continue along the Chaar-Archa Valley and eat a tasty lunch by the river, with views of Baba-Ata Mountain (4400). After lunch, cross the river and follow the trail over verdant hills to Kilemche Jailoo. Dinner and accommodation in the yurts with the shepherd's family.

DAY 4 KILEMCHE VALLEY – SON-KUL Meals: B, L and D

After breakfast at Kilemche, spend the morning climbing to Jalgyz Karagai pass (3400 m), over the Song-Kul Mountains and into the lake's basin. Enjoy wonderful views of Kilemchejailoo and Son-Kul Lake in a distance. Short walk down from the pass to the yurt camp by the lake where you will have a lunch. You will have time to enjoy the amazing scenery of this place: edelweiss carpet, beautiful mountains and lake. Local people live and graze their livestock on the meadows (jailoo) around the lake, from June till September. You will taste the wilderness and freedom of nomadic life here. It will be possible to taste Kyrgyz traditional drink kymyz (fermented mare's milk). Also it is possible to have a walk to the mountains or arrange a horse riding. Accommodation in the yurt camp.

DAY 5 SONG KUL – AT-BASHI (250 km) Meals: B, L and D

Breakfast in the yurt camp. Transfer to At-Bashi village via "32 parrots" mountain pass. In At-Bashi, we stay in the farmer's family. The wife of the farmer runs a felt workshop. Dinner and accommodation in the family.

DAY 6 AT-BASHI (150 km) Meals: B, L and D

Breakfast with the family. After breakfast horse riding to the adjacent Kyzyl-Tuu village (15 km) and pay a visit to a trout-farm for an excursion and lunch. Return to At-Bashi. Dinner and accommodation in the farmer's family.

DAY 7 AT-BASHI – KOCHKOR (300 km) Meals: B, L and D

Breakfast with the family. Transfer to Kochkor village. Drive to Eki-Naryn Valley where we will have a picnic lunch and short walk in the mountains. Dinner and accommodation in the family guesthouse.

DAY 8 KOCHKOR – BARSKOON/KYZYL-SUU (200 km) Meals: B, L and D

Breakfast in the guesthouse. Transfer to Barskoon village. The road goes along the southern shore of Issyk-Kul Lake, which is one of the biggest alpine lakes in the world. Stop on the way for a swim. Dinner and accommodation in the farmer's family.

Day 9 BARSKOON/KYZYL-SUU Meals: B, L and D

Breakfast with the family. Visit the orchard where the family grows apple trees, apricot trees and currant where you will have a chance to participate in the farming and help to the family. After lunch, optional walking excursion in Barskoon Gorge. Dinner and accommodation in the family.

DAY 10 BARSKOON – KARAKOL – SEMENOVKA (200 km) Meals: B, L and D

Breakfast in the family. Transfer to Karakol, the administrative center of Issyk-Kul region. During the city tour in Karakol you will visit wooden Russian Orthodox Church of Holy Trinity and Old Dungan Mosque.. Head towards Tepke village for an excursion where local farmers breed Kyrgyz horse. Lunch on the farm. Drive to Semenovka village for dinner and overnight stay in the farmer's family.

Day 11 SEMENOVKA – BISHKEK (320 km) Meals: B, L and D

Breakfast with the family. Excursion in the farm. Transfer to Bishkek. Drive along the northern shore of Issyk-Kul Lake. Stop in Cholpon-Ata for lunch and excursion in the Stone Garden of Petroglyphs (stone inscriptions). Optionally boat cruise on the lake. Visit to historical complex to explore ancient ruins of Balasagyn (capital of Karakhanid Empire) with Burana Tower built in 10th century. Head towards Bishkek. Dinner at the local restaurant. Accommodation in the hotel.

Day 12 BISHKEK Meals: B, L

Breakfast at the hotel. City tour in Bishkek. Ala-Too Square, Oak Park, State Historical Museum (please note that Museum is closed on Monday). Transfer to the airport for your flight home at 7.55pm.