



4 Day MALAYSIA, SABAH - SALT TRAIL

Tour Code: AMH-ST_04



Style – Trekking & River Crossing
Stay - Community Hall & Camp
Grade – Easy to Moderate



The Salt Trail is a route traditionally followed by villagers when taking their produce to the tamu (markets) on the west coast, and returning with salt and other goods. A jungle trekking route in Sabah's Crocker Range Mountains is said to be 34 km long, which consists of some serious jungle trekking across mountain peaks, through muddy river valleys and through some dense Borneo Jungle.

Jungle trekking the Salt Trails involves 6 – 8 hours of walking per day for 3 days, an adventure that goes from the high-lying, trees and grass covered peaks, to the low-lying areas where muddy paths, dense jungle and raging rivers are the norm



Basic Itinerary (Subject to changes)

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Day 1. INOBONG / TERIAN VILLAGE

- Depart from Hotel and transfer to the starting point at Inobong Sub-Station, which is about an hour drive
- Upon arrival , register and meet your assigned jungle guide
- Start trekking from Inobong sub-station to Terian Village which is about 10km and it takes about 7 hours to complete it
- Arrive at Terian Village (spend the night at the village community hall)
- Dinner



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Day 2 TERIAN VILLAGE / BUAYAN VILLAGE / KIONOP VILLAGE

- Breakfast
- Depart from Terian Village and trekking to Buayan Village which is about 8km uphill again before descending into the flatlands on the approach to Buayan Village, estimate time walking about 5 hours
- Arrive Buayan Village crossing the Papar River by suspension bridge. However there is no bridges for multiple crossing between Buayan Village and Kionop Village which can be quite challenging particularly when the river is swollen due to recent rains
- Arrive Buayan and continue trekking to Kionop Village which is about 5km and estimated time walking is 3 hours
- Arrive Kionop Village (spend the night at the village community hall)
- Dinner

Day 3 KIONOP VILLAGE / MELUNGGUNG VILLAGE - CAMP

- Breakfast
- The trekking starts with 2 hours of reasonable flat trail along Ponobukon River. There are about 5 rivers crossing and although the river is not wide, the current can be strong due to rain
- After a final river crossing, take a rest before ascending the steep ridge for the next 2 hours.
- Beyond the top of the ridge, the trail is gentle until you reach Melunggun Village
- The total distance from Kionop Village to Melunggun Village is about 11km and estimated walking time is 7 hours
- Arrive Melunggun Village
- Set up Camp and rest
- Dinner

Day 4 MELUNGGUNG VILLAGE / TIKOLOD VILLAGE / KOTA KINABALU

- Breakfast
- Depart from Melunggun Village and start trekking to Tikolod Tambunan, This is a short trail that takes less than 2 hours to complete.
- After several small river crossing and following the path along the river, you will reach severely eroded and unsealed road.
- Journey continues until reach a sealed road that is slightly after Tikolod Village
- Trek Ends
- Depart from Tikolod Village and transfer to Kota Kinabalu/ Hotel about 2 hours drive.

Price per Person In SGD (FOR YEAR 2014): \$ 395

Min 4 pax

Note: Price may change due to changes in numbers.

PRICE QUOTED BASED ON SIZE 4 PAX

The above package includes:

- 1 night at Terian Village Community Hall
- 1 night at Kionop Village Community Hall
- 1 night at Melunggun Village – Camping
- Full Board Meals (Breakfast/Lunch/Tea Break/Dinner)
- Permit, Conservation Fee, ID Tag, Certificate, Insurance, Guide, Porter ,Camp Fee.
- Transportation as per itinerary
- AIG TRAVEL GUARD Insurance with unlimited medical evacuation
- 15% discount at X-Boundaries

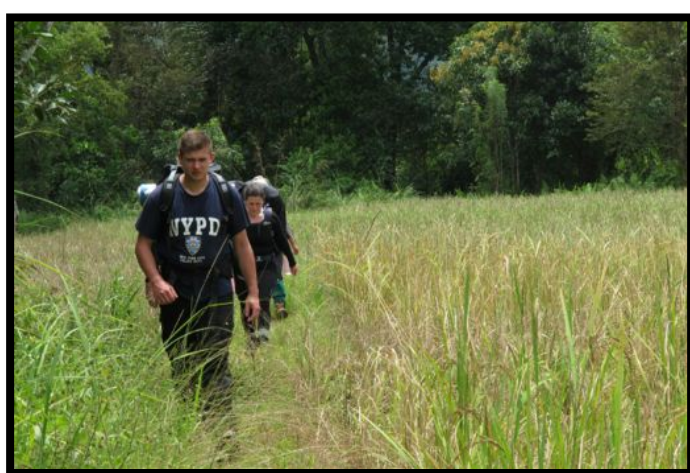
Package excludes:

Airfare and Taxes to Kota Kinabalu, Visa if applicable, Accommodation in Kota Kinabalu, Tips to guide, All Meals not stated, Other tours not stated in itinerary, Personal gears & expenses, Porter's fees- RM 100.00 / 10kg, Tent.



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Things to bring:

- Sleeping bag at comfort zone 15°C or 23°C
- Thermo-Rest or sleeping mat
- Rain cover or water tight proof bags
- Long sleeve shirts & long pants
- Leech socks & Raincoat
- Walking stick
- Head lamps (including extra bulb and batteries), torchlight
- 2.5 litre drinking water bottle
- Swimsuit
- Personal toiletries, tissues, sun cream, sun hat
- Insect/Mosquito repellent
- Good walking shoes, slipper or sandals
- Energy food (chocolate, raisins, nuts, rehydration salt, glucose, etc.)

Please call/ email us to customize your trip!

Reservation:

FULL payment is required upon confirmation. Non-payment by required date may result in the cancellation of your booking and subjected to cancellation charges.

Payment:

Payment should be made in favour of "X-TREKKERS ADVENTURE CONSULTANT PTE LTD" by Cheque or Credit to bank account

Bank Name: Overseas Chinese Banking Corporation (OCBC)
Bank Branch: Clementi Branch (Branch code 522)
Account No: 522-076249-001
Account Name: X-Trekkers Adventure Consultant Pte Ltd

As soon as the payment is made, please send the bank-in slip or receipt (enlarged and darkened) by email (info@x-trekkers.com).

Terms & Conditions:

Please refer to our terms & conditions : <http://www.x-trekkers.com/itineraries/terms-conditions.html>

ALL are required to sign up online at: <http://www.x-trekkers.com/activity-registration>