

Newsletter #463: Highlights Of Treks In July-August

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(1) 3-7 July, 2015 : Gunung Ulu Sepat (2161m), Malaysia

05 days Moderate to Difficult Trek

03 days trekking; 02 night in coach

02 night in Orang Asli house

The seventh highest mountain in West
Malaysia

Cost: S\$ 390

Size: 8

Departure: 03 July-07 July 2015

The mountain is still remote and relatively unknown to many people. Located in Belum Forest (Hutan Belum) which is still virgin, untouched by the outside world, the mountain has abundant supply of flora, high in medicinal value. Aboriginal tribes called Orang Asli still use this forest as a base for primary living.

Staying in an Orang Asli house, we shall attempt the summit within a day.



(2) 22-26 July, 2015 : Jiaming Lake Trek (3310m), Taiwan

05 days Moderate Trek

03 days trekking

02 night in Hualien Hostel

02 night in Cottage during trek

LAND Cost: S\$ 880

Size: 5

Departure: 03 July-07 July 2015

At an elevation of 3,520m above sea level, Jiaming Lake is Taiwan's second-highest mountain lake, and one of its biggest. It was once thought that the lake was created by a meteor strike, but it is now believed that it was formed by glacier movement during the last ice age. While it is quite far from Taipei, it's an excellent two-day hike destination in a more remote part of Taiwan.



(3) 22-30 Aug, 2015 : 9D Markha Valley Trek - Ladakh, India

Moderate

5 days of trekking

5 nights camping

3 nights hotel in Leh

Highlights: Spectacular landscape, Ancient monasteries, High passes, Classic Ladakh trek

LAND Cost: S\$ 980

(Confirmed departure)

Departure: 03 July-07 July 2015

One of the most popular treks in Ladakh – it is a perfect combination of beautiful trans-himalayan landscape with ladakhi villages. There are good chances to spot some high altitude wildlife as well as experience the life of nomadic families as they herd their

yaks in these big and beautiful valleys. After couple of days of acclimatisation to high altitude in Leh you will set out to explore the heartland of the central Ladakh Valley. It involves crossing of high passes - Stok La 4848 mts, Kongmaru La 5274 mts, Gandla 4878 mts and walking on the banks of the Markha River. Kang Yatse peak (6400m) can be approached from this route as the base camp is on the plains of Nimaling

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